

CHALMERS UNITED CHURCH



10:30 AM

SUNDAY, MAY 7, 2023

MENTAL HEALTH SUNDAY

KATE JOHNSON

"STARFISH, WORMS, FIRE ANTS AND FAITH"

COVID PRECAUTIONS

1. Self-screening guidelines: If you have Covid symptoms or are isolating due to close contact, you should not attend in person. Services are also live-streamed.
2. Masking is encouraged but no longer mandatory.
Many will still choose to remain masked for their own or for others' safety. We welcome this choice and urge everyone to respect individuals' choices - each according to their own personal situation.
3. Social distancing still continues in the sanctuary and MacCallum Hall.

Bold Text indicates the parts that everyone reads together.

WE GATHER TO WORSHIP

PRELUDE

Sheep May Safely Graze - J.S. Bach

arr. for piano duet by Mary Howe (1941)

WORDS OF WELCOME AND ANNOUNCEMENTS

ACKNOWLEDGEMENT OF THE LAND

The lands on which we are gathering today are the traditional territories of the Anishinaabe and Haudenosaunee Peoples. We acknowledge their enduring presence on this land, as well as the presence of the Huron-Wendat, Metis, Inuit and other First Nations from across Turtle Island. We deeply respect the many generations of people who have cared for this land and whose spiritualities, teachings and ways of knowing are closely tied to it. We seek to build right relations with these Peoples, to learn from them and to live together on this land with respect and gratitude.

The Land Acknowledgment in the Bulletin today was composed by our Joint Truth and Reconciliation Group with input from members of Chalmers, Sydenham Street and Faith United Churches. Bruce Elliott is the current Chalmers representative on JTRAG.

LIGHTING OF THE CHRIST CANDLE

One: We light this candle to remind us that Christ is the light of the world and present in our midst.

All: **May the life and words of Jesus enlighten us on our way.**

CALL TO WORSHIP

RESPONSIVE PSALM (Psalms 33: 1-2, 4-5)

Refrain: *(said)*

Lord, let your mercy be on us, as we place our trust in you.

Exult, you just, in the Lord;
praise from the upright is fitting.
Give thanks to the Lord on the harp;
with the ten-stringed lyre chant his praises. **R.**

Upright is the word of the Lord,
and all his works are trustworthy.
He loves justice and right;
of the kindness of the Lord the earth is full. **R.**

CENTERING PRAYER

HYMN VU 766 *As the Deer Pants for the Water*

Psalms 42

1 As the deer pants for the water
so my soul longs after you;
you alone are my heart's desire,
and I long to worship you.

Refrain:

**You alone are my strength and shield;
to you alone may my spirit yield;
you alone are my heart's desire,
and I long to worship you.**

2 I want you more than gold or silver,
only you can satisfy;
you alone are the real joy-giver
and the apple of my eye. **R**

3 You're my friend and you are my brother,
even though you are a king;
I love you more than any other,
so much more than anything! **R**

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A WORLD ENGAGED WITH GOD

A PRAYER FOR ILLUMINATION

All: **Holy One, Sacred Mystery,**
greater than words can express; whose love for us and all
creation exceeds our capacity to imagine, open our hearts and
minds. Amen.

READING

Matthew 6:25 - *Do Not Worry*

Hear what the Spirit is saying to the Church.

Thanks be to God.

HYMN VU 238 *How Great Thou Art*

1 O Lord my God, when I in awesome wonder
consider all the works thy hand hath made,
I see the stars, I hear the mighty thunder,
thy power throughout the universe displayed.

Refrain:

**Then sings my soul, my Saviour God, to thee,
How great thou art! How great thou art!
Then sings my soul, my Saviour God, to thee,
How great thou art! How great thou art!**

2 When through the woods and forest glades I wander,
I hear the birds sing sweetly in the trees;
when I look down from lofty mountain grandeur
and hear the brook and feel the gently breeze. **R**

3 But when I think that God, his Son not sparing,
sent him to die, I scarce can take it in,
that on the cross, my burden gladly bearing,
he bled and died to take away my sin. **R**

4 When Christ shall come with shout of acclamation
and take me home, what joy shall fill my heart!
Then I shall bow in humble adoration
and there proclaim, "My God, how great thou art!" **R**

Words: Carl Gustav Boberg ca. 1885, English trans. Stuart K. Hine ca. 1939,
rev. 1939' French trans. unknown Music: Swedish melody, arr. Stuart K. Hine 1949
English words and arr. © 1953 [1981] Renewal by Manna Music Inc.
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SERMON

Kate Johnson

Starfish, Worms, Fire Ants and Faith

COMMITTING TO THE FUTURE

OFFERING ANNOUNCEMENT

DOXOLOGY

HYMN VU 541 *Praise God from Whom all Blessings Flow*

Praise God from whom all blessings flow;
praise God, all creatures high and low;
give thanks to God in love made known:
Creator, Word, and Spirit, One.

Words: Thomas Ken ca. 1674 Music: Genevan Psalter 1551
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PASTORAL PRAYER

THE LORD'S PRAYER

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil; for thine is the kingdom and the power and the glory, for ever and ever. Amen.

HYMN VU 509 *I the Lord of Sea and Sky*

1 I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in deepest sin my hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

Refrain:

Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.

2 I, the Lord of snow and rain,
I have borne my people's pain,
I have wept for love of them; they turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send? **R**

3 I, the Lord of wind and flame,
I will tend the poor and lame,
I will set a feast for them; my hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send? **R**

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BENEDICTION

CHORAL BENEDICTION

HYMN VU 175 *This is the Day*

Refrain:

This is the day that God has made!
Rejoice! Rejoice, and be exceeding glad!
This is the day That God has made!
Rejoice! Rejoice! Hallelujah!

1 Christ has conquered death at last,
Left the tomb that held him fast!
Gone the sorrow, gone the night,
Dawns the morning clear and bright! **R**

2 Jesus lives who once was dead,
Lives forever, as he said!
Risen now our Saviour, King;
Songs of gladness let us sing! **R**

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POSTLUDE

St. Anthony Chorale - Johannes Brahms

arr. for piano duet by Ronald Herder

THANK YOU FOR TALENTS SHARED

Kate Johnson	Kate Johnson is a Quaker Chaplain who has served at Kingston Health Sciences Centre, various correctional institutions and Queen's University. Kate left Queen's to be more available to her family during the second year of Covid restrictions. She is currently working part time as a nanny and part time for the Foundation Against Intolerance and Racism (www.fair-for-all.org)
Reader	Al Fletcher
Co-Liturgist	Linda Steinberg
Organist	Juliet Milsome
Piano Duo	Marian Holobow, Juliet Milsome
Hymn Singers	Members of Chalmers Choir
Media Techs	Brigitta Holzschuh, Aidan McClung
Refreshments	Heather Faris, Mary Davis Little
Counters	Murray Anderson, Barb Laidlaw

After the service you are invited to share in refreshments and fellowship.





To submit materials for the bulletin please use:

bulletin@chalmersunitedchurch.com and Linda Steinberg
hpsesp14@gmail.com.

Please send announcements by end of day Monday, or late editions
by end of day Tuesday for inclusion the following Sunday.

At 10:30 join us in person at Chalmers or watch live-streamed on
Chalmers' YouTube channel. The service will also be posted later to
the same channel. <https://www.youtube.com/channel/UCUgl1tZaiRji18sFwjzP2Q>

The link for Chalmers YouTube channel can also be found on the
home page of the Chalmers website
www.chalmersunitedchurch.org

After the service, you are invited to share refreshments and
conversation.

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