



SYDENHAM STREET  
AND CHALMERS  
UNITED CHURCHES OF CANADA  
SHARING WORSHIP



"WHAT IS PEACE"  
10:30 am  
November 10, 2019

**The Rev. Barry King** INTENTIONAL INTERIM MINISTER  
**Email:** [barry.king@chalmers-sydenhamstreet.com](mailto:barry.king@chalmers-sydenhamstreet.com)  
**Minister at Sydenham Street:** 613-542-9616 ext. 203  
**Hours:** SSUC Wednesdays & Thursdays 9:30am - 1:30pm  
**Minister at Chalmers:** 613-546-3263 ext. 226  
**Hours:** CUC Mondays & Tuesdays 9:30am - 1:30pm  
**Church Office:** 613- 546-3263 ext.222  
**Hours:** 9:30 - 4:30 pm

For millennia indigenous people have inhabited this land.  
We gather in gratitude on the shared territory of the *Anishinaabe* and  
*Haudenosaunee* Peoples, as they continue to share their land with us.

## FOR YOUR INFORMATION

**November Services** are at Sydenham St United Church, 82 Sydenham St.

**December Services** are at Chalmers United Church, 212 Barrie St.

**Assists** Hearing Devices and Large Print Bulletins, available from Greeters.

**Growing Spirits** Children are invited to meet with Hope Yen and Lynn Freeman in the Conference Room, First Floor, when prompted.

**Washrooms** are in the office foyer area through the right front doors of the Sanctuary.

**Song Books** **VU** *Voices United* **MV** *More Voices*

**Ringers Off** on electronic devices, please. Thank you.

**Prayers of the People** Prayer requests for persons ill (with permission) and for global, national and local concerns may be given to a Greeter at the front door.

## CHURCHES

**Sydenham Street United Church** as an Affirming Congregation seeks to be a vital faith community within The United Church of Canada engaged in spirituality, justice and creativity, informed by Jesus Christ and the Bible, and discerning the call of the Trinity as we celebrate diversity, inclusivity and abundant life.

82 Sydenham St. Kingston ON K7L 3H4

**t** 613-546-3263 x 221 **Rentals/room bookings** 613-542-9616 x 201

**e** sydenham@kos.net **f** 613-542-8784 **Web** www.sydenhamstreet.ca

**Live Online** www.youtube.com/user/SydenhamStreet when at Sydenham St.

Facebook.com/Sydenham-Street-United-Church

**Chalmers United Church** is a community of God's people who embrace Christian tradition and encourage new ideas. We gather to: Celebrate God's love; Search and be challenged; Nurture and be nurtured. We seek to: Welcome all who come; engage all ages in Ministry; be guided by faith in daily life; and be a compassionate, hopeful presence in the world. We are not alone. Thanks be to God. (1997)

212 Barrie St. Kingston ON K7L 3K3

**t** 613-546-3263 **f** 613-546-3340 **Rentals/room bookings** 613-546-3263 x 222

**e** office@chalmersunitedchurch.com **Web** www.chalmersunitedchurch.com

**Live Online** www.chalmersunitedchurch.com when at Chalmers United.

Facebook.com/chalmersunited

## OFFICE HOURS

**Chalmers and Sydenham St Church House Office:** Mon to Thurs 9:30am-4:30pm

**The Spire/SSUC Office:** Tuesday to Thursday 9 am to noon

**For bulletin materials please use:** bulletin@chalmers-sydenhamstreet.com

Please send announcements by end of day Monday, or late editions by end of day Tuesday for inclusion the following Sunday.

**"I define peace not as the absence of war but as the presence of justice  
and the absence of fear"** - Ursula Franklin

*☞☞ indicates you are invited to rise in body and spirit as you are able*

## GATHERING IN COMMUNITY

### PRELUDE

Salil Subedi

### ACKNOWLEDGEMENT OF THE LAND

### REMEMBRANCE PRESENTATION

Kenn Doerksen

### WELCOME AND ANNOUNCEMENTS

### INTROIT

*Abundant Life* - MV 143, verses 1, 2

### GATHERING IN COMMUNITY

Gather in, fellow travellers.

Gather in this sanctuary and bring your prayers,  
your wounded spirits, your questions,  
your hopes and fears.

**We wake to a world of beauty and catastrophe,  
a world of visions and violence,  
compassion and cowardice.**

**We wake and gather and pray and seek the Holy One  
who is always looking for and loving the lost.**

*seated* MV 16 *Come and Fill Our Hearts* (3x's)

### CENTERING PRAYER

Infinite One, we gather this morning.....

on our way from something....

on our way to something...but here we stop.

We stop to rest, to turn our attention  
to all that is holy.

We stop to gather in community,  
held and loved, together.

We stop to give praise,  
to sing, to pray, to listen,  
to experience your Spirit moving among us.

Blessed be.

*(You are invited to meditate while Salil plays a centring piece)*

*Please rise (as you are able) for the Act of Remembrance*

**ACT OF REMEMBRANCE**

They shall grow not old, as we that are left grow old:  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them. **We will remember them.**

**SILENCE**

☞ **VU 524** *O Canada*

*The children may leave for their programs.*

**POEM**

*Red and White Poppy*

Written by Norm Esdon

Norm Esdon

**A WORLD ENGAGED WITH GOD**

**PRAYER OF ILLUMINATION**

**We open now to Sacred Mystery, to the Holy One,  
infinitely greater than words can express,  
whose love for us and all creation  
exceeds our capacity to imagine. Amen**

Micah 4: 1-5

James Beyer

Hear what the Spirit is saying to the church.  
**Thanks be to God.**

**CHORAL ANTHEM**

*Pie Jesu* - James Wright

Donna Delyea, solo

**WHAT IS PEACE?**

A dialogue between Michael Cooke and Salil Subedi

☞ **VU 684** *Make Me a Channel of Your Peace*

**COMMITTING TO THE FUTURE**

**OFFERTORY**

Salil Subedi

**PRESENTATION OF OUR GIFTS**

*seated* **MV 143** *Abundant Life*

verse 3

**With this offering, we present also ourselves:  
all that we have been,  
all that we are, and all that we shall become.**

**PRAYERS OF THE PEOPLE & LORD'S PRAYER**  
Our Father, Our Mother, Our Holy One,  
May our kin-dom come  
And your will be done here on earth.  
May we find this day the bread we need  
And may we feel forgiveness for our missteps  
And forgive, freely others for theirs.  
May we walk away from temptation and focus on good.  
For yours is the kin-dom, the power  
And the glory, now and forever. Amen

🌀 **VU 691** *Though Ancient Walls*

**BLESSING AND SENDING FORTH**

**SONG** *Give Peace a Chance*

Salil Subedi

**POSTLUDE**

Salil Subedi

**TALENTS SHARED, THANK YOU TO**

**Salil Subedi:** Salil Subedi is a Nepali musician and multidisciplinary artist whose creative expression, philosophy, and engagement in community development and education all revolve around playing the didgeridoo. The deep uncanny sound of this traditional Australian aboriginal wind instrument echoes the majesty and mystery of the Himalayan landscapes where Salil works. He uses the instrument together with traditional Nepali singing bowls, and other folk instruments to express a deep Eastern spirituality and to build community engagement through music and art. Salil taught himself the art of playing didgeridoo in his home town, Kathmandu. He stumbled on this magical instrument 18 years ago when he interviewed an Australian band 'Sirocco' for a daily newspaper he was working for as a young reporter. Since then, Salil has used music and art to express the mystery and beauty of life, to educate about conservation and to develop skills among children and youth, especially in rural communities. Salil is presenting concerts and workshops in Montreal, Fredericton, Toronto and Kingston during a 6-week Canadian tour sponsored by PeaceQuest and studio330. He will be a featured artist at the Nov. 11 Remembrance Day concert at The Isabel Centre.

<b>Greeter</b>	Mike Hartlin
<b>Hospitality</b>	Jan Bryant, Jim Berry
<b>Counter</b>	Marilyn Boston

## TODAY

- **Sydenham Street Folks . . .Keep up to date!** Read *Broadview - Spirituality, Justice & Ethical Living* (formerly "The Observer") each month to learn what is happening in Canada and elsewhere in relation to living a faithful life in our world today. Sample copies are available on a table in the SSUC office foyer before and after worship today. Join or renew your group subscription with the SSUC at the display. New subscribers are encouraged and welcome!!! Donations of \$25 are invited to cover the cost of your subscription. For more info, please call Linda Hutchinson at 613-542-7645 or email hutchinl@kingston.net.

## COMING UP

- **Choir Rehearsals** take place on Thursday evenings at 7:15 pm. Rehearsals during November will be held at Sydenham Street United Church in the Upper Hall. Anyone high school age or older who loves to sing and has at least basic sight-reading skills is welcome. For more info, please contact David Melhorn-Boe, 613-546-3264

### Monday, Nov. 11

- **7:30 pm: Remembrance Day Concert:** PeaceQuest is sponsoring this annual Concert at The Isabel, featuring Nepali performer, activist, and didgeridoo player Salil Subedi, an artist and profound human being, and the remarkable singer/songwriter Coco Love Alcorn. The concert also includes Kingston's premier brass ensemble Brasswerks with Copeland's Fanfare for the Common Man, Queen's Trillers A Capella, Kingston Youth Choir, and the Frontenac Skies Community Drummers. For tickets, contact The Isabel at ibcpaboxoffice@queensu.ca or Michael Cooke at mcooke253@gmail.com or 416-209-6156.

### Tuesday, Nov. 12

- **11:30 am: Two Church Lunch and Learn Group will meet** at the Best Western Bistro Stefan Restaurant, 1217 Princess St. Our speaker will be our own Barb Carr, President of the Kingston School of Art who will speak on "Behind the scenes at the Kingston School of Art" and its impact on the Kingston Community. Everyone from Sydenham St and Chalmers and your friends are invited to attend. Those who have signed up for e-mail notices will receive an invite by e-mail. Those who are on a phone call list will continue to be called. If you wish to attend this event, contact Meikle Turner at 613-542-7744 or meikle\_irish@yahoo.com. Meal reservations must be made by 5 pm on Sunday Nov. 10. Cost is \$22, per person, incl. tax & gratuity (a \$20 bill plus a toonie, please). The last meeting this fall will be on Dec. 10, featuring Don Amos who will speak on "Seniors Association: We're more active than you think!"
- **4 pm: Chalmers' CCE** will meet in MacCallum Hall.

**Thursday, Nov. 14**

- **12 pm: Weekly catered lunch** in MacCallum Hall. \$8 per person. Everyone is welcome. If you have not attended but would like to attend, please phone Jane MacEwen at 613-546-3905.

**Saturday, Nov. 16**

- **9 - 11 am: Flute Choir** will rehearse today in MacCallum Hall.

**Sunday, Nov. 17**

- **10:30am:** Come and worship with us as SSUC celebrates its 20<sup>th</sup> Anniversary of becoming an Affirming Congregation. Our guest speakers will be Rev. Ruth and Anne Wood . . . asking the question "Who is my neighbour?" . . . join in the spirit and wear a rainbow symbol or something in a rainbow colour - red, orange, yellow, green, blue or purple. See you there!!!
- **2 -4 pm: Salil Subedi Sound Experience** at Chalmers. Immersive Singing Bowls, voice and drum. Free.



**Friday, Nov. 22**

- **6 pm: Chalmers United Church Anniversary Dinner** Come and enjoy a delicious catered buffet supper from Old Farm Fine Foods and a visit with friends, old and new at Chalmers. Tickets \$30. available from the church office or Joan Simeon or Jane MacEwen. We are offering some reduced rates. Please talk to Rev. Barry King or Joan Simeon.

**Sunday, Nov. 24**

- **SSUC Soup Luncheon** Hosted by the Social Justice and Outreach Committee to celebrate the conclusion of our autumn Stewardship campaign. Please plan to attend and enjoy delicious homemade soups, rolls and desserts. As is our practice we encourage you to contribute \$6.; to help fund our Tuesday morning food voucher program. This ministry helps to feed our neighbours who are hungry; it is made possible not only because of your financial support but also because volunteers in our congregation dedicate their time to meet with those in need weekly from Sept. through June. These same volunteers help to organize and prepare the Christmas baskets to which many in our congregation contribute food, money and labour as an expression of good will to needy fellow citizens at this holy season. We hope to share lunch with you on the 24<sup>th</sup>. We'd be delighted to receive squares for dessert. Thank you.

## A PRAYER FOR LOVING KINDNESS

This is what should be done  
By one who is skilled in goodness,  
And who knows the path of peace:  
Let them be able and upright,  
Straightforward and gentle in speech.  
Humble and not conceited,  
Contented and easily satisfied.  
Unburdened with duties and frugal in their ways.  
Peaceful and calm, and wise and skillful,  
Not proud and demanding in nature.  
Let them not do the slightest thing  
That the wise would later reprove.  
Wishing: In gladness and in safety,  
May all things be at ease.  
Whatever living beings there may be;  
Whether they are weak or strong, omitting none,  
The great or the mighty, medium, short or small,  
The seen and the unseen,  
Those living near and far away,  
Those born and to-be-born,  
May all things be at ease!  
Let none deceive another,  
Or despise any being in any state.  
Let none through anger or ill-will  
Wish harm upon another.  
Even as a mother protects with her life  
Her child, her only child,  
So with a boundless heart  
Should one cherish all living beings:  
Radiating kindness over the entire world  
Spreading upwards to the skies,  
And downwards to the depths;  
Outwards and unbounded,  
Freed from hatred and ill-will.  
Whether standing or walking, seated or lying down  
Free from drowsiness,  
One should sustain this recollection.  
This is said to be the sublime abiding.  
By not holding to fixed views,  
The pure-hearted one, having clarity of vision,  
Being freed from all sense desires,  
Is not born again into this world.

