

Chalmers and Sydenham Street
United Churches of Canada
Sharing Worship



1ST SUNDAY IN LENT

"THE JOURNEY BEGINS – WHERE'S YOUR WILDERNESS?"

10:30 am MARCH 10, 2019

The Rev. Barry King INTENTIONAL INTERIM MINISTER

Email: barry.king@chalmers-sydenhamstreet.com

Minister at Sydenham Street: 613-542-9616 ext. 203

Hours: SSUC Wednesdays & Thursdays 9:30am - 1:30pm

Minister at Chalmers: 613-546-3263 ext. 226

Hours: CUC Mondays & Tuesdays 9:30am - 1:30pm

Church Office: 613- 546-3263 ext.222

Hours: 9:30 am - 4:30 pm, Mon. – Thurs.

Since time immemorial, Indigenous peoples have occupied and cared for this land. In acknowledging this land, the traditional home of the Anishinaabe and Haudenosaunee, we seek to rebuild right relations with First Nations, Metis and Inuit peoples, to learn from them, and to live on this land with respect and gratitude for its bounty.

FOR YOUR INFORMATION

March Services are at Chalmers United Church, 212 Barrie St.

April Services are at Sydenham St United Church, 82 Sydenham St.

Assists Hearing Devices and Large Print Bulletins, available from Greeters

Growing Spirits Children are invited to meet with Hope Yen and Lynn Freeman for Christian stories and activities. Please meet in Clergy St. foyer when prompted.

Washrooms are located in the Clergy St. foyer.

Song Books **VU** *Voices United* **MV** *More Voices*

Ringers Off on electronic devices. Thank you.

Prayers of the People Prayer requests for persons ill (with permission) and for global, national and local concerns may be left at the Prayer Desk at the south back wall of the sanctuary. These will be brought to the Communion Table with the Offering and will be included in the Prayers.

CHURCHES

Chalmers United Church is a community of God's people who embrace Christian tradition and encourage new ideas. We gather to: Celebrate God's love; Search and be challenged; Nurture and be nurtured. We seek to: Welcome all who come; engage all ages in Ministry; be guided by faith in daily life; and be a compassionate, hopeful presence in the world. We are not alone. Thanks be to God. (1997)

212 Barrie St. Kingston ON K7L 3K3 **p** 613-546-3263 **f** 613-546-3340

e <office@chalmersunitedchurch.com> <Facebook.com/chalmersunited>

Web <www.chalmersunitedchurch.com>

Rentals/room bookings 613-546-3263 x 222

Live Online when at the 212 Barrie St. Chalmers location. 10:30 am Sundays
<www.chalmersunitedchurch.com>

Sydenham Street United Church as an Affirming Congregation seeks to be a vital faith community within The United Church of Canada engaged in spirituality, justice and creativity, informed by Jesus Christ and the Bible, and discerning the call of the Trinity as we celebrate diversity, inclusivity and abundant life.

82 Sydenham St. Kingston ON K7L 3H4

p 613-546-3263 x 221 **Rentals/room bookings** 613-542-9616 x 201

e sydenham@kos.net **f** 613-542-8784 **Web** <www.sydenhamstreet.ca>

Facebook.com/Sydenham-Street-United-Church

OFFICE HOURS

Chalmers and Sydenham St Church House Offices

Monday to Thursday 9:30 am to 4 pm

The Spire/SSUC Office: Monday to Friday 9 am to noon

For bulletin materials please use: <bulletin@chalmers-sydenhamstreet.com>

Please send announcements by end of day Monday, or late editions by end of day Tuesday for inclusion the following Sunday.

"There are two moments that matter. One is when you know that your one and only life is valuable and alive. The other is when you know your life, as presently lived, is entirely pointless and empty. You need both to keep you going in the right direction. Lent is about both."

- Fr. Richard Rohr

LENTEN THEME: "SPACE FOR THE SPIRIT"

During the season of Lent, we will be working with the theme of "Space for the Spirit". We will make use of a Tibetan singing bowl struck once with a padded mallet, inviting us to enter into a time of silence (2 minutes), where we intentionally make space for the Spirit, Divine energy, the Ruah (breath of God), into our lives, as we journey through this season.

☞☞ indicates you are invited to rise in body and spirit as you are able

Bold Text *indicates the parts that everyone reads together*

GATHERING IN COMMUNITY

PRELUDE

Psalm Prelude Book 1, No. 2 - Herbert Howells

WELCOME AND ANNOUNCEMENTS

ACKNOWLEDGEMENT OF THE LAND

INTROIT

Tree of Life and Awesome Mystery

VU 121, verse 1

GATHERING IN COMMUNITY

Now is the time of returning,

returning to our Creator, our first love.

Now is the time of turning away,

turning away from the sin that wastes us.

Now is the time of lifting,

lifting guilt's heavy burden.

Now is the time of renewing,

renewing heart, mind and soul.

Now is the time:

Lent's hard joyful pilgrimage begins.

 *God Who Sets Us on A Journey*

Tune: Hyfrydol Words: Joy Dine

God who sets us on a journey
to discover, dream and grow,
lead us as you led your people
in the desert long ago;
journey inward, journey outward,
stir the spirit, stretch the mind,
love for God and self and neighbour
marks the way that Christ defined.

Exploration brings new insights,
changes, choices we must face;
give us wisdom in deciding,
mindful always of your grace;
should we stumble, lose our bearings,
find it hard to know what's right,
we regain our true direction
focused on the Jesus light.

End our longing for the old days,
grant the vision that we lack –
once we've started on this journey
there can be no turning back;
let us travel light, discarding
excess baggage from our past,
cherish only what's essential,
choosing treasure that will last.

When we set up camp and settle
to avoid love's risk and pain,
you disturb complacent comfort,
pull the tent pegs up again;
keep us travelling in the knowledge
you are always at our side;
give us courage for the journey,
Christ our goal and Christ our guide

Words: Joy Dine (1937 – 2001) © Rev. Mervyn Dine.
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SPACE FOR THE SPIRIT

When you hear the sound of the Tibetan singing bowl being struck, you are invited to enter into a time of silence (2 minutes), to make space for the Spirit in your life. Taking deep breaths “in and out” – you open all of your senses to the Spirit of life that pulses throughout the cosmic universe.

🌀 MV 85 *Take, O Take Me as I Am (x2)*

Children may leave for their programs.

A WORLD ENGAGED WITH GOD

A PRAYER FOR ILLUMINATION

**We open now to Sacred Mystery, to the Holy One,
infinitely greater than words can express,
whose love for us and all creation
exceeds our capacity to imagine. Amen.**

Luke 4: 1-13

Norm Esdon

Hear what the Spirit is saying to the church.
Thanks be to God.

ANTHEM

For such a time as this - Ralph Johnson

SERMON

“THE JOURNEY BEGINS – WHERE’S YOUR WILDERNESS?”

Rev. Barry King

🌀 MV 10 *Come and Seek the Ways of Wisdom*

COMMITTING TO THE FUTURE

OFFERTORY

Oboe Tune - Wm. France

PRESENTATION OF OUR GIFTS

🌀 VU 632 *O Blessed Spring*

Verse 1

PRAYERS OF THE PEOPLE & THE LORD’S PRAYER

VU pg. 916 *The Prayer of Jesus*

You are invited to begin with “Our Creator”

🌀 MV 65 *When We Are Tested*

Tune:

Slane

SUNG BLESSING AND SENDING FORTH

🌀 VU 647 *Travel On, Travel On*

Verse 1

POSTLUDE

Finale, Sonata VI - Felix Mendelssohn

TALENTS SHARED, THANK YOU TO

- Minister** Rev. Barry King
Greeters Norm Esdon, Mary Ev Wyatt
Hospitality Bill and Cathy Galt
Counter Al & Barb Fletcher
Sound Techs Brigitta Holzschuh, Matthias Melhorn-Boe
- **A heartfelt thank you to Mark Sirett for leading us in music today.**
- PLEASE NOTE:**
- **David Melhorn-Boe is on vacation from March 7 to 14.**

TODAY

- **9 am: Lenten Adult Education Study Group** will be offered at Chalmers United Church, on Sunday mornings upstairs in the North Room. We will be using as our guide Marcus J. Borg's *The Heart of Christianity: Rediscovering a Life of Faith*. All are welcome and those interested are asked to contact Grace McBride via email <grace-mcbride@live.com> and she will be glad to speak with you and take a pre-paid order for the book or you can order it yourself through Amazon www.amazon.ca and choose the preferred format. - CDN currency \$10.99 Kindle edition or \$15.71 paperback. (*Note: Please bring indoor shoes or slippers to wear upstairs. Thank you.*)
- **7 pm: Sunday Perspectives at the Screening Room. The March film is *Stan & Ollie*.** Laurel and Hardy, one of the world's great comedy teams, set out on a variety hall tour of Britain in 1953. Diminished by age and with their golden era as the kings of Hollywood comedy now behind them they face an uncertain future. The tour becomes a hit, but Stan & Ollie can't quite shake the specter of Laurel and Hardy's past, the long-buried ghosts, coupled with Oliver's failing health, start to threaten their precious partnership. A portrait of the most tender and poignant of creative marriages, they are aware that they may be approaching their swan song, trying to rediscover just how much they mean to each other. This monthly film series offers an opportunity to explore connections between contemporary culture and the realm of the Spirit, with a brief period of discussion following the screening.
- **7 pm: Sunday Evening services of Music and Reflection continue every week in Chalmers' sanctuary.** For info please contact Mary-Stewart Ross 613-384-0952 or <marystewartross@gmail.com> or Grace McBride <grace-mcbride@live.com>.

COMING UP

Tuesday, March 12

- **11:30 am: Two Church Lunch and Learn Group** will meet at the Best Western Bistro Stefan Restaurant, 1217 Princess St. Our speaker will be Rev. Valerie Kelly, St. Luke's Anglican Church, Kingston. The title of her talk is: *Maintenance to Mission: Affordable Housing*. Everyone from Sydenham St and Chalmers is invited to attend. Individuals on call lists will be contacted by email. Others wishing to attend and/or to have their name added to our call list, contact Donna Delyea 343-364-1758 or <delyead@live.com> by 5pm on Sun. Mar.10. Cost for the luncheon, incl. tax & gratuity, is \$22. per person (a \$20 bill plus a toonie, please).
- **7 pm: Chalmers' CCE** will meet in the rear of the sanctuary.

Wednesday, March 13

- **7 pm: Mindfulness Meditation** is being offered upstairs in the North Room (Earl St. side) at Chalmers United. There is no cost and everyone who would like to learn mindfulness as a practice or who wishes to enhance their practice is welcome to attend. The leaders will be Danielle Brisban MSW, RSW and Grace McBride M. Div., MSW, RSW, both Danielle and Grace have experience teaching mindfulness and the effects it has on dealing with the stresses of life. If you have any questions, please email <grace-mcbride@live.com>. (*Note: Please bring indoor shoes or slippers to wear upstairs. Thank you.*)

Thursday, March 14

- **12 pm: Catered lunches** are served on Thursdays in MacCallum Hall. \$7 per person. This week we will be having a St Patrick's Day theme. Everyone is welcome. If you have not attended but would like to join the group, please phone Jane MacEwen at 613-546-3905.

MOVING FORWARD

- **Bulletin Announcements:** if you have announcements for the church bulletin, please send them by end of day Monday for inclusion the following Sunday to <bulletin@chalmers-sydenhamstreet.com>
- **Contacting Your Church Office by Phone: As a transitional measure, members of both congregations wishing to reach their church office should call 613-546-3263 ext. 221**
- **Booking a Room at Sydenham Street United:** please call 613-542-9616 ext. 201 or e-mail your request to <thespire@kos.net>
- **Booking a Room at Chalmers United:** please call 613-546-3263 ext. 222 or email office@chalmersunitedchurch.com

STAFF

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Justin Sowik, Lisa Leavitt SSUC BUILDING STAFF



Flowers in the Sanctuary are in loving memory of

Lloyd Holden

from the Yen / Holden family.

Worshipping Sundays Together
at Chalmers United in March
at Sydenham Street United in April